



English Institute of Sport

Sheffield

# Prices

	Our Members		lifeCARD	
	Adult	Junior	Adult	Junior
<b>Fitness</b>				
Pay as you go Gym	£5.25	FREE	£7.00	
Gym Induction	£15.00	FREE	£20.00	
Active Lifestyles	£3.50		£4.70	
Fitness Class	£5.25	FREE	£7.00	
Fitness Class Bundle of 12	£75.00 (£6.25 per class)			
Fitness Class Bundle of 24	£145.00 (£6.04 per class)			
Fitness memberships	Available from £26.00 per month			

<b>Athletics</b>				
Athletics Entry	FREE	FREE	£3.75	£2.60

<b>Sports</b>				
Badminton/Table Tennis (Price per court)	£7.40	£7.40	£9.90	£9.90
Football/Netball/Basketball/Volleyball/Futsal	£53.00	£53.00	£53.00	£53.00

<b>Coached Activities</b>				
AthleTOTS (Paid via monthly direct debit)		£20.00		£20.00
Athletics Academy (Paid via monthly direct debit)		£20.00		£20.00
Basketball with the Sharks		£4.25		£4.25
Boxing	£4.00	£3.05	£5.50	£4.20
Martial Arts (60 minutes)	£3.85	£2.65	£4.60	£3.55
Football Coaching (Paid in 10 week blocks)		£40.00		£40.00

<b>Kids &amp; Young Adults</b>				
Kids Holiday Camps		£21.50		£21.50
Birthday Parties	From £8.99 per child			
Junior Membership	From £5.00 per child			

Concessions receive 30% discount. Ask at reception for details



Buy yours today!

**Non-lifeCARD holders:** Enjoy our activities by paying a per-activity charge of £3 per adult or £1.50 per child



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