



BREAKFAST

Served until 11am

Full English Breakfast	£3.85
<small>2 bacon, 1 sausage, 1 egg, baked beans, tomato, 1 toast, 1 hash brown</small>	
Bacon Sandwich	£1.95
Sausage Sandwich	£1.95
Fried Egg Sandwich	£1.40
2 Eggs On Toast	£2.10
Buttered Toast	£0.90
<small>2 slices of white or malted bread</small>	
Baked Beans On Toast	£2.00
Jam Portion	£0.30

SANDWICHES & QUICK BITES

Freshly Made Sandwiches	From £2.30
Salad Bar	Small £1.50 Large £2.70
Sausage Roll	£1.30

SNACKS

Cake Bar	From £1.50
Tray Bake	£1.50
Giant Cookie	£1.35
Mini Pack Biscuits	£0.80
Confectionery	From £0.90
Yogurt	£0.85
Crisps	From £0.80
Fresh Fruit	£0.50

HOT FOOD

Beef Burger	£1.95
Cheese Burger	£2.15
Fries	Reg £1.45 Lrg £1.70

JACKET POTATOES

With Butter	£2.00
Additional Fillings;	Each £1.10
<small>Cheese, Tuna, Baked Beans</small>	

HOT DRINKS

	Sml	Reg
Yorkshire Tea	£1.35	£1.70
Fruit / Herbal Tea	£1.40	£1.70
Espresso	£1.45	
Americano	£1.45	£1.75
Cappuccino	£1.80	£2.05
Latte	£1.70	£1.95
Mocha	£1.65	£1.90
Hot Chocolate	£1.75	£2.05
Luxury Hot Chocolate	£2.05	
<small>With whipped cream & mini mallows</small>		
Extra Coffee Shot	£0.80	
Flavoured Syrup Shot	£0.50	

HOMEMADE SPECIAL OF THE DAY

Please see the board From £4.95

CHILLED SOFT DRINKS

Bottled Soft Drinks	From £1.50
Mineral Water	£1.10
Powerade	£1.70
Oasis	£1.50
Milkshake	£1.50

15% OFF
FOR FITNESS UNLIMITED
MEMBERS



Allergen Information:

As a responsible caterer we must advise that all our menu items may contain one or more of the 14 allergens we now by law must make you aware of - gluten, crustaceans, eggs, fish, peanuts, soybeans, milk, nuts, celery, mustard, sesame, sulphur dioxide preservation, lupin and molluscs.

On placing your order, please ask our staff if you require specific allergen information and they will be happy to provide the advice you need.