

SANDWICHES & QUICK BITES

Freshly Made Sandwiches	From £2.30
Toasted Panini	From £2.50
Sausage Roll	£1.30

SNACKS

Cake Bar	From £1.50
Tray Bake	£1.50
Giant Cookie	£1.35
Mini Pack Biscuits	£0.80
Confectionery	From £0.90
Yogurt	£0.85
Crisps	From £0.80
Fresh Fruit	£0.50
Ice Creams	From £1.20

HOT DRINKS

	Sml	Reg
Yorkshire Tea	£1.35	£1.70
Fruit / Herbal Tea	£1.40	£1.70
Espresso	£1.45	
Americano	£1.45	£1.75
Cappuccino	£1.85	£2.10
Latte	£1.75	£2.00
Mocha	£1.70	£2.05
Hot Chocolate	£1.75	£2.05
Luxury Hot Chocolate	£2.05	
<small>With whipped cream & mini mallows</small>		
Extra Coffee Shot	£0.80	
Flavoured Syrup Shot	£0.50	

All our coffees are made with fresh semi-skimmed milk

CHILLED SOFT DRINKS

Iced Fruit Smoothies	£2.00
Bottled Soft Drinks	From £1.50
Mineral Water	£1.10
Powerade	£1.70
Oasis	£1.50
Capri Sun	£1.00
5 Alive	£1.20
Milkshake	£1.50



15% OFF
FOR FITNESS UNLIMITED
MEMBERS



Allergen Information:

As a responsible caterer we must advise that all our menu items may contain one or more of the 14 allergens we now by law must make you aware of - gluten, crustaceans, eggs, fish, peanuts, soybeans, milk, nuts, celery, mustard, sesame, sulphur dioxide preservation, lupin and molluscs.

On placing your order, please ask our staff if you require specific allergen information and they will be happy to provide the advice you need.